

The purpose of this document is to offer information and guidance using best practice to help school personnel implement the related mandate for schools during this 2020-2021 school year.

**Body Mass Index (BMI)** A.C.A §20-7-135 Body Mass Index percentile for Kindergarten (K), grade two (2), grade four (4), grade six (6), grade eight (8), and grade ten (10).

Modifications to the BMI screening process may be necessary to accommodate virtual learning students and adhere to the social distancing guidelines. Several options are listed below to assist district personnel with determining the best possible way to implement these services for students.

- Clean the BMI equipment between each student screened.
- Offer on-campus screenings via appointment to virtual students.
- Designate an alternative location for screenings separate from the nursing office to keep sick children and well children separate. Additional staff may be utilized to assist transitioning students to and from the screening location and may assist with social distancing management.
- Masks required for age appropriate students, refer to local level protocols. This may alter or hinder the view of the Frankfort plane and make a student unable to be assessed.

