## CHNS/CHPS

#### Responsibilities

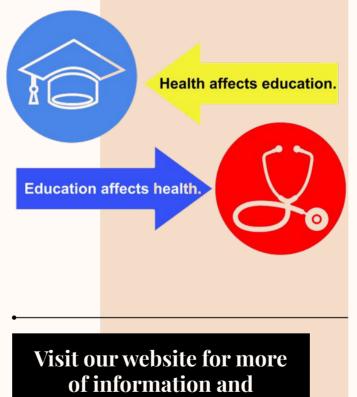
The Community Health Nurse Specialist (CHNS) and the Community Health Promotion Specialist (CHPS) work with schools, community coalitions, wellness committees, and the Hometown Health Improvement (HHI) team to improve the health of our children and our communities.

CHNS/CHPS are housed in the educational cooperatives around the state. Their work focus is to promote tobacco-free schools and communities, promote healthy eating, and healthy moving. They also address emergent public health issues including COVID-19, adolescent sexual health, mental health, injury prevention, and flu prevention.

CHNS support school nurses by providing resources, technical assistance, contact hours, and DESE/ADH updates.

CHPS support wellness committees in the schools and coordinated school health efforts across the state.

## Health and Education



of information and resources for school nurses.

www.chs-support.weebly.com

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# Community Health Specialist

Health Education

## Serving Communities Across Arkansas



#### TOBACCO

Comprehensive Tobacco Free Policy

Coral's Reef (K-2)

Vaping (6-8)

Vaping (9-12)

Be Well

Be Well Baby

### SAFETY

ATV safety

Poison Control in Action/Prevention

CPR/AED/First Aid

Stop the Bleed

**Dating Violence** 

Bullying

Opioid Abuse and Misuse (DOR)

Narcan

Many presentations can be adjusted for staff, students, and or parents. Please contact us if you have a specific needs

## Technical Assistance-Presentations

## NUTRITION/ PA

#### Choose My Plate

Food Labeling

Re-Think Your Drink/Sugar Consumption

We Can: Nutrition and Activity

Smart Snacks

Eating Disorders/Chronic illness

**Physical Activity Games** 

## PROFESSIONAL DEVELOPMENT

Child Maltreatment

Youth Mental Health First Aid

Resiliency For All

SafeTALK/ QPR

Poverty

### HEALTH/WELLNESS

Developing and Sustaining a School Wellness Committee

School Health Index/Indistar

Overview of Act 1220 : Nutrition / Healthy Schools

Physical Activity Guidelines

Glucagon/ Insulin

Immunization Guidelines

Mandatory Screenings

### STUDENT HEALTH

Pregnancy and STD's

Hygiene and Puberty

Love is Not Abuse

Oral Health

Suicide Prevention 101