

# PERSONAL CARE ASSESSMENT AND SERVICE PLAN

## I. CLIENT AND PROVIDER INFORMATION

Client Name (Last/First/Middle)

Date of Birth (MM/DD/YYYY)

County of Residence

Telephone Number(s)

Parent(s)/Guardian(s) Name(s)

Complete Mailing Address

### PERSONAL CARE PROVIDER INFORMATION:

District Name

Provider ID Number

District Mailing Address

Service Location Address(es)

## II. DATES OF SERVICE

Start of Care Date

End Date

Units per Month Requested

## III. MEDICAL DIAGNOSES

ICD code and descriptions. List in the order of significance to the medical necessity for assistance with the client's physical dependency needs.

ICD Code

Description


## IV. PHYSICAL DEPENDENCY STATUS

### Bedridden

### Ambulation

### Continence Status

<input type="checkbox"/> Bedfast	<input type="checkbox"/> Walks alone	<input type="checkbox"/> Catheter	<input type="checkbox"/> Colostomy
<input type="checkbox"/> Requires turning in bed	<input type="checkbox"/> Walks with device	<input type="checkbox"/> Incontinent	
<input type="checkbox"/> Bed to chair with help	<input type="checkbox"/> Walks with help	<input type="checkbox"/> Bladder	<input type="checkbox"/> Bowels
<input type="checkbox"/> Bed to chair without help	<input type="checkbox"/> Wheelchair (self)	<b>Training</b>	
<input type="checkbox"/> Must be lifted into chair	<input type="checkbox"/> Wheelchair (push)	<input type="checkbox"/> Cannot Train	
	<input type="checkbox"/> Motorized chair	<input type="checkbox"/> Trained	
		<input type="checkbox"/> Needs Training	

### Grooming

Client Needs:

No Help

Partial Help

Total Help

Bathing	<input type="checkbox"/> Tub	<input type="checkbox"/> Shower	<input type="checkbox"/> Bed
Dressing			
Care of Hair			


**Eating**

- ☐ Has physical ability to eat without help.
- ☐ Needs partial help to eat.
- ☐ Needs help with eating:
- ☐ Special diet.
- ☐ Cannot cut food into bite-size pieces.
- ☐ Cannot bring food from plate to mouth.

**Preparing Meals**

- ☐ Has ability to cook or prepare food without help.
- ☐ Needs partial help with meal preparation.
- ☐ Physically incapable of cooking or preparing meals.

**V. ASSESSMENT NARRATIVE**


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**VI. PERSONAL CARE SERVICE PLAN**

Daily Minutes Requested \_\_\_\_\_ Daily Units \_\_\_\_\_ (15 Minutes = 1 Unit)

Weekly Minutes Requested \_\_\_\_\_ Weekly Units \_\_\_\_\_

Monthly Minutes Requested \_\_\_\_\_ Monthly Units \_\_\_\_\_

Task	Minutes/Day Needed	Details (if needed)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

\_\_\_\_\_  
Registered Nurse's Signature, Credentials and Date

**VII. CLIENT FREEDOM OF CHOICE/ACCEPTANCE OF PLAN**

I hereby select the listed school district as my child's personal care provider. To help assure a complete and accurate assessment of my physical dependence needs and an individualized service plan to address those needs, I hereby authorize the release of any medical information by or to the attending physician and/or PCP. I understand that I will receive only medically necessary assistance with my physical dependency needs. I accept this personal care service plan.

\_\_\_\_\_  
**Signature – Client or Client's Representative**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Witness Signature

(Two witnesses required if signed by mark)