

Scoliosis Checklist for School Nurses

Purpose	Early Detection to prevent further damage, Early Referral
Planning	Date, Site (where you will screen), Recruit help (volunteers), Set up room. Notify parents at least 7 days prior to screening date.
Population Who to screen?	Girls- 6th and 8th grade Boys- 8th grade only
Personel	Certified Scoliosis Screeners, Physicians, Volunteers
Preparation	Remind Staff-Recheck date, times, and location- Train volunteers-Inform Students
Equipment	Tape, Paper, List of Students, Pen Hearing Machine- Must be an approved machine noted in the rules and regs.
Place	Ensure Privacy- Boy and Girls screened separately- Good Lighting- enough room to move 3-4 feet around student
Permission	Parents notified at least 7 days prior, Parents can refuse in writing only Scoliosis (A.C.A. §20-15-803)
Procedure	Private room with another staff or volunteer with you <ol style="list-style-type: none"> 1. Student removes shirt 2. Students should stand 4-6 feet from the screener. Feet 2-3" apart, knees straight, arms hanging loose at the side. 3. Look at key points on the front, side and back. 4. Scoliometer (3 places on back during forward bend) 5. Scoliometer > or = to 7 refer to PCP
Paperwork	All data must be entered in eSchool. Deadline is June 15th If you have a student fail- you will need a form to the parent, MD and will need to follow up after the MD visit.
Tips	Private room, Good lighting, plenty of space, remind girls to wear tank tops, sport bra, etc. Watch for child abuse (bruises, cuts, burns, anything unusual) Acanthosis Nigricans, Self Harm (cutting, burning, etc) Moles Sores, infected areas