

- Wear Sunglasses
- Use Sunscreen
- Wear a Hat
- Drink plenty of water
- Spend time in the shade



- Always wear a Bike helmet
- Wear the correct shoes
- Wear bright colored clothes
- Watch out for cars and other riders
- Don't ride after dark



- Always wear a Lifejacket
- Never swim alone
- Don't push anyone into the water
- No running about the pool
- Stay out of water during storms
- We read a book today, Llama, Llama Learns to Swim

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Did you know: There are over a BILLION bicycles in the world!

SmartSign

Swimming Safety Tips

