

THE ARKANSAS TRAUMA RESOURCE INITIATIVE FOR SCHOOLS (TRIS)

A VISION FOR TRAUMA-INFORMED SCHOOLS



Arkansas
TRIS

Trauma Resource Initiative for Schools

UAMS



Blue & You
FOUNDATION
FOR A HEALTHIER ARKANSAS



CHILDHOOD TRAUMA IN ARKANSAS



9% have witnessed
domestic violence.

16% have a parent
who is incarcerated.

1 in 7 experience
physical, emotional or
sexual abuse or neglect
in any given year.

13% live with a parent
who has a substance
abuse problem.

10% live with a parent
who has serious
mental health issues.

WHAT IS A TRAUMA INFORMED SCHOOL?



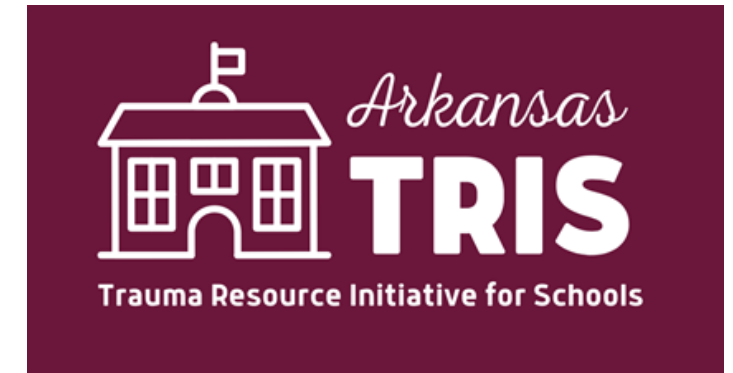
A school system in which all school staff, students, families, and community members **recognize** and **respond** to the behavioral, emotional, relational, and academic impact of **traumatic stress**.



ABOUT THE ARKANSAS TRAUMA RESOURCE INITIATIVE FOR SCHOOLS (TRIS)



- Provides training, resources, and support for schools to respond to the impact of trauma in students and staff.
- Collaboration between the UAMS Department of Family and Preventive Medicine & Psychiatric Research Institute, the Arkansas Department of Education, and other key stakeholders.
- Initial three-year phase funded by the Arkansas Blue&You Foundation in July 2021.



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TRAUMA RESOURCE INITIATIVE GOAL



- The Trauma Resource Initiative for Schools (TRIS) will support schools in their efforts to **prepare** for, **respond** to, and **recover** from traumatic events affecting members of the school community.



HOW TRIS CAN SUPPORT SCHOOLS

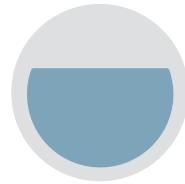


Trauma Training Foundations

Live and online training

Appropriate for all school staff

Building basic trauma knowledge

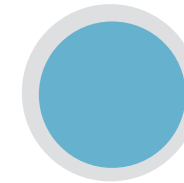


Resource Dissemination

Equipping school staff with timely resources

Fact sheets, parent handouts, books for children

Outreach based on current events

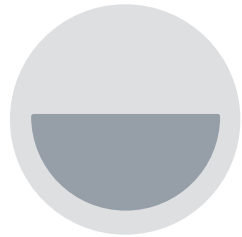


Consultation to Administrators

Support for proactive QI planning

Support to navigate crises impacting school community

HOW TRIS CAN SUPPORT SCHOOLS

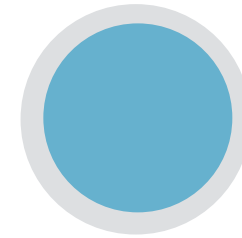


Trauma-Related Care Navigation

Reduce barriers to accessing evidence-based trauma treatment

Walk families/staff through steps of accessing care

Assist schools in identifying trauma-trained mental health partners



Identification of Promising Practices

Create a 'resource bank' of promising approaches to TI schools

Support peer-to-peer learning

Identify new partners for intensive organizational change models

MORE ABOUT TRAUMA TRAINING



Introductory Training:

- The impact of trauma
- Signs and symptoms of traumatic stress
- Introduction to a trauma-informed schools framework
- Key classroom strategies to build resilience
- Accessing treatment services for children and families

Wellness Series

- Organizational Wellness through a Trauma-Informed Lens (for Administrators)
- Self Care: a Key Component of a Trauma-Informed Schools (for Teachers & Administrators)

New Trainings Coming

- Going Deeper : Series on Components of Trauma-Informed Schools

MORE ABOUT CONSULTATION IN CRISIS



- Consultation related to a traumatic event that may have school-wide or pervasive impacts (e.g. natural disaster, death of student or staff member, school violence)
- Access within 1 business day to a childhood trauma expert able to help administrators or counselors think through their response plan and next steps.
- In more extreme situations, this could involve on-site support (e.g. staff de-brief, facilitation of parent meeting, training for staff, support to local crisis team)

ADVISORY BOARD AND PARTNERS



- UAMS works with ADE to ensure the project is aligned with the department's goals, and has established an advisory committee with partners and stakeholders from multiple educational associations and other programs.



CONTACTS AND REFERRALS



EQUIPPING SCHOOLS
to respond to the impact
of trauma in students

- <https://www.tris-ar.org/>
<https://www.facebook.com/uams.tris/>



UAMS Health
AR CONNECTNOW

A Virtual Mental Health and Substance Abuse Program



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